

LABORATORY TEST REQUEST FORM Influenza PCR

Date Rec'd

Ventura County Public Health Services
Public Health Laboratory

2240 E. Gonzales Rd. Ste #160
Oxnard, CA. 93036
Phone: (805) 981-5131 Fax: (805) 981-5130

Brett Austin, MA, PHM
Laboratory Director
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PATIENT NAME: LAST		FIRST	MI	DOB		SEX	
				/ /		M F	
STREET ADDRESS			APT#	CITY		STATE	ZIP
ORDERING PHYSICIAN (REQUIRED)		SUBMITTING PROVIDER (if not ordering physician)		PATIENT CHT #		DATE & TIME COLLECTED	
Physician STREET ADDRESS				CITY		STATE	ZIP

Report copies can be sent to other providers by giving the lab the Name, Facility, Fax # and Phone # in this space, and initialing Here:

Physician

Name _____ Facility _____ Fax# _____ Phone# _____

Clinical Information (fill in or check as pertinent)		
<p>Clinical Findings</p> <input type="checkbox"/> Fever to _____ °F <input type="checkbox"/> Generalized aches <input type="checkbox"/> Malaise <input type="checkbox"/> Cough <input type="checkbox"/> nausea		<p><input type="checkbox"/> Chills <input type="checkbox"/> Joint aches or stiffness <input type="checkbox"/> Lymphadenopathy <input type="checkbox"/> Headache <input type="checkbox"/> diarrhea</p>
		<p>Please attach physician summary notes, other clinical findings and/or pertinent laboratory data:</p> Is patient hospitalized? <input type="checkbox"/> Yes <input type="checkbox"/> No Is patient in the ICU? <input type="checkbox"/> Yes <input type="checkbox"/> No

• Each specimen should be labeled with: **date of collection, specimen type, and patient name.**

1] If your facility intends to perform rapid flu testing and a nasal aspirate or nasal wash in saline is appropriate for your routine rapid test, collect that specimen only. Left-over specimen can be forwarded to the Public Health Laboratory for Influenza PCR. Specimens should be refrigerated and shipped on cold-pak to arrive within 24 hours.

We recommend forwarding of all POSITIVE Influenza A specimens and any Negative Influenza A specimens if patients meet Case definitions for ILI and travel/contact.

2] For patients who meet the suspect case guidelines and are not being tested by a rapid method:

At a minimum, collect a nasopharyngeal swab (nasopharyngeal wash or nasopharyngeal aspirate are also acceptable). Oropharyngeal (throat) swabs are acceptable, but may not have as high of a yield. Place the swabs in a standard container with 2-3 ml of viral transport media (VTM).

The same transport tube can be use for all swabs.

DO NOT USE COTTON OR CALCIUM ALGINATE SWABS OR SWABS WITH A WOODEN SHAFT.

Use of these swabs invalidates the specimen and may cause us to reject the sample.

In the absence of VTM, sterile saline can be substituted, but every effort should be made to transport the specimen so that it reaches the Public Health Laboratory within 24 hours.

• If the patient is hospitalized with pneumonia, specimens from the lower respiratory tract (e.g., tracheal aspirate, bronchoalveolar lavage) should also be obtained. Refrigerate and transport within 24 hours

Specimen Storage and Shipment:

The specimens should be kept refrigerated at 4°C and sent on cold packs if they can be received by the laboratory within five days of the date collected. If samples cannot be received by the laboratory within five days, they should be frozen at -70 °C or below and shipped on dry ice. Specimens should be shipped per usual protocol to your local public health laboratory at:

Ventura County Public Health Laboratory, 2240 E. Gonzales Rd, Suite 160, Oxnard, CA 93036

Phone # for questions: (805) 981-5131

Patient History (Provider must supply appropriate diagnosis code for all tests and S-code for all F-PACT clients)

Diagnosis: _____

Other test(s) Requested or to be referred out: _____